

1808

Essay on Hepatitis

G. Fairbank

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An Inaugural Essay
on
Hepatitis

Submitted to the examination
of John McDowell, LL.D. Provost.

The Trustees and Medical Faculty
of the University of Pennsylvania
on the 12th day of April 1808

For the Degree of Doctor of Medicine
By George Fairclamb
of Pennsylvania

Honorary Member of the
Philadelphia Medical Society

C. de Ameynne Emp.

Requies

Requies a la commémoration
de l'âme, le 14 Mars 1792

Le 14 Mars 1792, à l'occasion
de la fête de la Liberté
on a dit à 10 heures

Par le Signe de la Liberté
Par George, Président
de la Commune

Requies pour l'âme
de la Liberté, le 14 Mars 1792

The subject of this Essay may be divided into the following heads,

- I A short anatomical description of the Liver
- II A History of the remote predisposing and exciting causes of Hepatitis
- III A detail of the symptoms of this disease
- IV The treatment adapted to the different States of this disease

It is unnecessary for me to enter into an anatomical description of the liver or its functions in the animal Economy, the first is too well known, to require elucidation and the latter I consider has eluded the research of Men incomparably more adequate to the task than I can have any pretensions to. with little success, I will therefore leave this subject to those who have more leisure and,

- The report of the Survey was made
 inserted into the following form.
- I. That the proposed improvement of the river
 - II. That the proposed improvement of the river
 - III. That the proposed improvement of the river
 - IV. That the proposed improvement of the river
- Plan of the River

It is necessary for me to state that
 the proposed improvement of the river is
 proposed in the annual Report of the
 it is not necessary to require a separate
 the latter I would have been the same
 of the proposed improvement of the river
 that I am now in possession of
 this report. I will now state the
 to the proposed improvement of the river

abilities than I am blessed with to speculate
on this great desideratum in Physiology.

I will therefore merely mention it as a
viscus of considerable magnitude situated
in the right Hypochondriac and partly in
the Epigastric and left Hypochondriac regions,
subject to various forms of disease; ~~to enter~~
to enter into a detail of which, would be for-
eign to my intention. I will therefore con-
fine myself, to those states commonly denom-
-inated Hepatitis acute and chronic.

I And first the acute, its remote, predis-
-posing ~~and~~ exciting and proximate causes

I shall offer a few cursory observations
on each of those causes, in the order in which
I have arranged them. To enter into the
minute investigation of these, would far
exceed the limits prescribed for this paper.

I shall also have every thing done
as well as I can, so that you may see
that I am not idle, and that I am
not neglecting my duties, and that I
am not forgetting you, and that I
am not forgetting my friends, and that
I am not forgetting my country, and that
I am not forgetting my God.

I have ^{mentioned} remote causes in conformity with the generality of writers, yet I consider with Professor Rush, remote causes however numerous they may appear, to be all a Unit, comprehended under the appellation of Stimulants. I will enumerate a few of those, which are generally supposed, to act in the production of this disease, with a few

Observations on their nature and Modus Operandi. In those particulars I shall be very brief, for a more full investigation of these, I must refer to those Gentlemen, who have treated this disease, particularly Jy. Dr. Black, Saunders &c.

Among the numerous remote causes of this disease, are, 1st. Affections of the mind particularly Anger, long protracted summer heat. Intemperance in the use

of spirituous liquors, external violence,
from falls, Intermitting and remitting,
fevers heat and cold alternately applied
to the body, and lastly Miasmata, this I
believe to be the most frequent cause of this
disease, particularly in warm countries
where it is peculiarly Endemic.

There is no part of the World, with the Med-
ical history of which we are acquainted, that
this form of disease is not found to prevail.
but more particularly so, on the coast of -
Coromandel, in the East Indies, and in the
adjoining country, which is extremely warm
the temperature being seldom less than 90°
and from that to 100° the surface of the
Earth is generally ^{generally} with a white sand, and
thinly clothed with vegetables.

These affections are peculiarly severe on

sailors and Europeans. until they become, habituated to the irregularities of the climate or to use the words of Dr Rush until they have undergone this seasoning, The excessive heat of the climate acting powerfully on those persons from milder latitudes, produces Indirect debility, to this debility succeeds a general torpor of the system, and from the peculiarities of the circulation of the liver, which is remarkably slow, being computed only one 25th part as quick as in other veins of the same diameter, it is more liable to participate in this general torpor than any other vessel of the body, Dr Saunders says very properly there is one principal of action in common to all the remote causes, and that consists in inducing a state of excitement in the circulation of the liver, Dr Saunders might have gone further

The first of these is the fact that the
 government has been unable to
 maintain a stable currency. The
 value of the dollar has fallen
 to such an extent that it is
 no longer possible to maintain
 a stable exchange rate with
 other countries. This has led to
 a loss of confidence in the
 dollar and a consequent loss of
 business. The second of these
 is the fact that the government
 has been unable to maintain a
 stable budget. The government
 has been running a large deficit
 for many years, and this has
 led to a loss of confidence in
 the government. The third of
 these is the fact that the
 government has been unable to
 maintain a stable foreign policy.
 The government has been unable
 to maintain a consistent policy
 towards other countries, and this
 has led to a loss of confidence
 in the government.

and said (as I have before remarked) that the remote causes of all disease have but one principle of action, *By Stimulant*. The persons who visit those climates, do not become affected with this disease, till after sometimes residence. I would suppose in those cases, the excessive heat, acting on the increased excitability of those persons from milder latitudes, induces indirect debility, to this succeeds a general torpor of the system and particularly of the vessels of the Liver from the peculiarities before remarked. This I would consider as a predisposing cause of this disease, to this succeeds an increase of excitability which leaves the system liable to be acted upon generally and the liver particularly, by any irregularities in the application of the ordinary stimuli of life, which in this susceptible state of the system act

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as exciting causes, The proximate cause I take to be, an increased and irregular action of the bloodvessels of the liver, primarily and the whole of the sanguiferous system secondarily. Here I cannot avoid mentioning the advantages we derive from abandoning Astorology and applying our remedies according to the state of the system, as in the predisposition to Hepatitis, if we abstract, Stimulus by gentle bleeding or purging we thereby relieve the system from a state of depression, and prevent inflammation. In concurrence with a warm climate, intemperance in the use of Spirituous liquors, is a frequent remote cause of this disease, this powerful agent in the production of disease, seems to act specifically on the liver, as is fully proven from the dissections of intemperate persons, the liver being

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Joints changed in colour consistence. &c,
 Where there is a hepatic predisposition they
 may act as both remote and exciting causes,
 but more frequently the stimulus of those
 liquors induce the predisposition, before alluded
 to, from their long continuance and excessive
 action, when from either the accumulation
 of excitability, to that point where the ordi-
 nary stimulants induce disease, or from the
 application of an exciting cause, a violent
 reaction takes place, constituting this form
 of disease. Miasmatic exhalations I
 have said, was one of the most frequent causes
 of this disease, this fruitful source of calamity
 is often determined with all its force upon
 the liver, inducing depression, debility and
 consequent inflammation, why this cause should
 particularly induce disease in the liver, is

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explained by the principles before advanced

Symptoms of acute Hepatitis

This disease is generally preceded by chills and subsequent increase of heat, with a quick tense pulse, morbid synochus — sometimes natural, pain in the right hypochondriac region, pain in the right shoulder when the right lobe is affected et *vice versa* — Diarrhoea with green stools, costiveness, swelling and hardness of the gums, an inability to sneeze, though acrid stimulants be applied to the nose,, constant head ache, constant screech, a murmur in one or both arms or lower extremities frequently occurs, a sense of fullness when lying on the left side, sometimes the pain is in the left side, this is said to occur most frequently in women —

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sometimes there is an absence of pain except from pressure, diminished urine, but high coloured, greater watchfulness and occasional delirium. the symptoms vary according to the parts of the liver affected, if the ligamentous parts are affected, which are said to be insensible when sound, and acutely sensible when diseased, the pain is very acute, high fever and quick pulse, If that part of the liver be affected, which is more immediately contiguous to the diaphragm, it gives rise to difficult respiration and dry frequent cough. This disease terminates, by resolution, suppuration and Abscess, an engorgement of the vessels, has been mistaken for a termination in gangrene. The symptoms of suppuration are frequent chills — increase of fever particularly in the afternoon

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The first thing I observed when I stepped
out of the boat was a sense of relief.
The air was fresh and the water was calm.
I had heard that the weather was bad,
but it was just what I needed.
The boat was small and the crew was friendly.
They had been waiting for me for some time.
I had heard that the boat was small,
but it was just what I needed.
The boat was small and the crew was friendly.
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, disposition to sweat and other symptoms of
 Rustic, the pus when formed may be discharged
 1st by the biliary ducts. 2^d by the stomach
 3rd by the colon, 4th by the lungs, from the
 liver adhering to the diaphragm ~~5th~~ the
 Pleas abscp. 6th Externally, when the abscess
 points externally, it is recommended by
 Dr Clark, to discharge the pus by incision
 as death is almost invariably the consequence
 of a spontaneous opening internally, By an
 external opening Dr Clark says three out of
 four recover.

Treatment

In the cure of this disease the attention
 of the practitioner should be directed to the
 the means of procuring a speedy resolution,
 • Here bloodletting, stands at the head of
 the list, this should be repeated according

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Deception

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to the state of the pulse and other existing circumstances. Dr Clark drew from 2 to 4 quart in forty eight ^{hours} and thus in a hot West India climate, as this disease tends rapidly to suppuration it requires copious bleeding to cure it. Dr Huss in his Lectures mentions, a case of a Lady in this state of the disease, from whom he drew 150 ounces at fifteen bleedings, and though he saved her life yet he did not bleed sufficiently to prevent suppuration. Ind Purges as neutral salts castor oil &c or what is better than them all, Calomel combined with Jalap, these should be frequently repeated. 3^d Nihil exhibited in 10 or 15 gr doses, from its power of lessening arterial action may be serviceable, But our principal dependence should be placed on the free and ~~the~~ liberal use of the lancet, aided by purges.

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low diet, rest cool air & Antimonials have been recommended and used in this disease, and from the sympathy which is known to exist between the liver and stomach, and their determination to the surface of the body, I can readily conceive they may be useful, by equalizing excitement, after the liberal use of those remedies enumerated and the system reduced to what Dr ~~Ferguson~~ has happily called the blistering point. Blisters applied to the region of the liver will be found extremely serviceable in preventing suppuration. Dr Saunders recommends in strong terms, a quick suction of blisters, in preference to a long protracted discharge from a single vesication. The next remedy I shall mention, is the great dernier resort in almost all diseases

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Namely Mercury. Mercury has been con-
 sidered by some as specific in all affections
 of the liver, and has been exhibited indis-
 criminately, in the different states of this disease
 though a valuable medicine in the chronic
 state, it certainly must be pernicious in the
 acute, until the system is reduced. If Mercury
 be admissible in this state of the disease, it
 should be exhibited prior to the commu-
 -ment of the suppurative action, this action
 once established according to Mr Hunter's
 doctrine, Mercury would be of no kind of use.
 In spite of all our endeavours to produce
 a termination of this state of the disease in
 the great desideratum resolution, it sometimes
 descends into the chronic form, though this
 sometimes comes on gradually and almost
 imperceptibly, causing very little uneas-
 -iness.

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until some of the secondary consequences appear such as pain in the back part of the right shoulder, and sometimes in the left, sometimes a pain extending up the breast accompanied with a tickling cough, pain on applying the hand to the region of the liver, and frequently a degree of tumefaction may be discovered, when the fore part of the liver is affected, but when the back part it cannot be discovered by the hands, a yellow tinge on the skin and an inanimate appearance of the eyes, are indications of the existence of this disease.

The Remedies for this state of the disease are 1st Bloodletting in small quantities, frequently repeated. 2nd Purgs, of the drastic kind, but particularly exsiccials, Calomel combined with

Jalap or Gamboge. It is in this form of
 of the disease, that Mercury is so advantage-
 agiously used as a Salivant. It has been
 particularly recommended in the form of
 Uction, but for what reason, I do not know
 except it be from its acting lip on the sto-
 mach and bowels, as the the tendency
 of this state of the disease to terminate
 in Scirrhus, and permanent obstruction
 of the liver, is so strong in some cases as not
 to be resisted, by a moderate mercurial
 action, the action of the mercury ought to
 be extended to salivation, and kept up
 a considerable time, in some cases that
 have resisted a single salivation, have
 been cured by a second,
 Nitric acid, from its powers of promoting
 the operation of Mercury and

[illegible]

Obviating the Effects of mercurial irritation,
 promises to be a useful auxilliary in this
 state of the disease, with such views it is
 given in a dose of from one to two drachms
 largely diluted with water in the course
 of the day. The Juice of dandelion has been
 recommended and used in this state of the
 disease, but it appears to me that its powers
 are inconsiderable, after the system is
 reduced, the cure will be accelerated by
 the exhibition of Tonics as Columbo root
 Bark, Nutt &c. with generous diet and
 gentle exercise in a Carriage or on
 Horse back.

End

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